

# Safety Planning

Leaving can be very dangerous and should be planned carefully.

It might be helpful to:

- Have a packed bag ready.  
Keep it in a secret but accessible place.
- Identify a neighbor you can tell about your situation. Ask them to call the police if they hear a disturbance coming from your home.
- Devise a code word you can use with your children, family, friends and neighbor when you need them to call police.
- Decide and plan where you will go if you leave home

**If you think you are in need of a safety plan, please call or text our trained and certified advocates at 321-726-8282 and ask for assistance.**

## OTHER SERVICES

**Counseling:** weekly support groups, educational groups, one-on-one, educational empowerment-based classes

**Community education:** professional training, in-school programs

**Outreach:** counseling, personal advocacy, relocation assistance victims compensation claims assistance, S.H.E. Education Empowerment Program, S.H.E. Employment Empowerment Program, and ACP "Address Confidentiality Program"



Lilly, our shelter comfort dog, provided by the Paws & Stripes Program from the Brevard County Sheriff's Office

### You Can Donate Your Used Cell Phones and Tablets!

You can also find our wish list and donation drop-off locations on our website. Visit [www.sereneharbor.org](http://www.sereneharbor.org) or scan below



# SERENE HARBOR

[WWW.SERENEHARBOR.ORG](http://WWW.SERENEHARBOR.ORG)  
24/7 CONFIDENTIAL HOTLINE  
**321-726-8282**  
(VOICE, TEXT AND TTY)



## Hotline Services

Serene Harbor provides a 24-hour domestic violence hotline which is staffed 365 days a year by trained advocates. Information regarding injunctions for protection, safety planning, education, financial and professional services, legal aid, housing, mental health issues, medical care and children's service options are given to hotline callers.

## Emergency Shelter

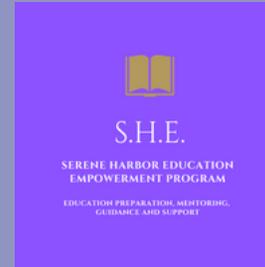
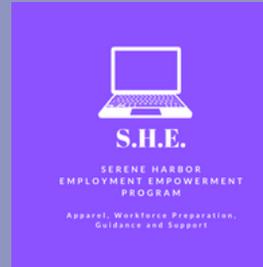
When a client meets Serene Harbor's eligibility criteria, the client and their children are admitted to the shelter. While at the shelter, they are provided with a welcome bag of personal care items according to their needs and the needs of their family, and given a full continuum of services. We also offer an in-house pet kennel.

## Case Management

The case managers, as well as the children's advocacy staff, provide goal-oriented and supportive services which are intended to counteract the negative effects of domestic violence on the adult and child victim. The case managers work closely with each client, monitoring and facilitating progress toward their program goals. They also provide legal advocacy in conjunction with Legal Aid.



We are grateful for our community of supporters. We recognize our partners (POSH) and provide them with opportunities to learn more and connect with us directly. Our newest initiative (HERoes Helping HERoes) is to provide opportunities for men to advocate, mentor and bring awareness.



The SHE Mentoring Scholarship and the SHE Housing Grant, SHE Education Program and the SHE Employment Program are the newest initiatives for assisting clients. To learn more, call 321-726-8282 and speak with an advocate.

### IFP (Injunction for Protection) Attorney

The Injunction for Protection Project (IFP) at Serene Harbor employs one Florida Bar-licensed attorney who provides free legal advice and or representation to survivors of domestic, dating and sexual violence as well as stalking. IFP legal representation is dependent on the survivor's eligibility, and an initial conflict check will be completed upon receipt of the referral to ensure there are no legal conflicts of interest before proceeding to the intake interview stage.

**All services are at no-cost and confidential.**

## "CPI Project" (Child Protection Investigative Advocate)

This groundbreaking program is designed to provide a coordinated community response for families experiencing the co-occurrence of domestic violence and child abuse.

### Does the person you love...

- Monitor all of your time?
- Constantly accuse you of being unfaithful?
- Discourage your relationships with family and friends?
- Prevent you from working or going to school?
- Control all the finances and force you to account for what you spend?
- Humiliate you in front of others?
- Destroy personal property?
- Hit, punch, slap, or kick you or your children?
- Threaten to hurt you, your children, or your pet?

*If you answered yes to even a few of these questions, you are not alone and help is available.*

**CALL or TEXT  
321-726-8282**

